

This weekend I offered German Chamomile to my mare, she smelled, turned her back on me, spread her legs. I began to apply on the femoral zone, and realized she wanted me to go up. I found out there were lots of little insect bites all over her teats, really deep between the legs... She let me massage her for approximately 40 minutes, in a zone I could not really touch out of this context. I attached pictures, we can see she really puts her back against me. NB: I stay behind here because I've had her for 15 years and really know her well. I offered her Vanilla and other horses out of her stall came to enjoy it as well and they all took a little nap together.

For my dog: we've been struggling for 6 years against chronic gastritis, vomiting, fasting, diarrhoea... 10 kibbles brands, raw diet, barf diet, homemade food... No solution from the vets. A few regular chosen exposures to Ginger and German Chamomile and it was over. We only got one episode of diarrhoea, vomiting and fast: Fennel popped in my head (never offered it before), I offered, 2 hours later he was eating his bowl, jumping and playing around!